MILÍTSA (Greece)

Also known as Kokinogly of Pontos.

Pronunciation:

Record: LP VAS 233 "Ta Horeftika Tou Sotiraki" 2/4 meter

Formation: Open circle, dancers hands joined in "V" pos.

| Meas | Pattern |
|------|--|
| 1-3 | Travelling to R, one step per ct, step R,L,R,L,R, hop R, (L back point). |
| 4-6 | Step L fwd, R back, three times, swinging arms back and forth. |
| 7–8 | Step L,R,L, hold. |
| | Repeat. |

Presented by Nikos Savvidis